



FRIDAY FOCUS CHECKLIST

30 mins only!

Week 1: KIDS' ROOMS

- ✓ Toy cull
- ✓ Cull clothes that no longer fit
- ✓ Straighten shelves/bookcases
- ✓ Clean windows and mirrors
- ✓ Dust skirting boards
- ✓ Vacuum under furniture

Week 2: LIVING ROOM

- ✓ Shampoo rugs
- ✓ Clean cushion covers
- ✓ Clean sofa covers if they are removable
- ✓ Dust skirting boards
- ✓ Vacuum under furniture

Week 3: KITCHEN

- ✓ Pick 2/3 cupboards to declutter
- ✓ Clean extractor fan filters
- ✓ Oven clean
- ✓ Clean kickboards

Week 4: BATHROOMS

- ✓ Tackle the limescale
- ✓ Clean out bathroom cabinet
- ✓ Tackle the grout
- ✓ Clean windows
- ✓ Deep clean floors



Remember the **Friday Focus** is
the **KEY** to TOMM!