Monday - Thursday

Monday: LIVING ROOM
- Tidy away anything that doesn't belong
- Wash throws and pet bedding
- Quick window clean, get rid of finger marks
- Sofa Dive (vacuum under cushions)
- Dust
- Vacuum

Tuesday: BEDROOMS
- Strip beds
- Tidy away anything that doesn't belong
- Quick mine sweep under beds
- Dust
- Vacuum
- Remake beds

Wednesday: ENTRANCE HALL & STAIRS
- Tidy away anything that doesn't belong
- Dust
- Vacuum
- Mop if you have hard floors

Thursday: KITCHEN
- Empty crumbs out of toaster
- Clean inside of the microwave
- Clean out cutlery drawer
- Quick fridge clean
- Dust blinds
- Clean windows
- Clean splash-back behind hob
- Clean hob top
- Give the sink a really good scrub
- Wipe down all working surfaces
- Wipe down cupboard fronts
- Vacuum and mop

Friday: FOCUS DAY

See Friday Focus Printable!

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