

# Milk Free Meal Plan

Monday

Aubergine and Lentil Pasta

Tuesday

Slow Cooker Bean Chilli

Wednesday

Fakeaway Oven Fried Chicken

Thursday

Pesto Cod Wrapped in Bacon

Friday:

Slow Cooker Gunpowder Potatoes

Saturday

Date Night Chorizo Prawns

Sunday

Roast Chicken with Milk Free Yorkshires

