

monday - thursday

the
organised
mum
method

monday

living room

- Tidy away anything that doesn't belong
- Wash throws and pet bedding
- Quick window clean, get rid of finger marks
- Sofa Dive (vacuum under cushions)
- Dust
- Vacuum
- Mop if you have hard floors

tuesday

bedrooms

- Strip beds
- Tidy away anything that doesn't belong
- Quick mine sweep under beds
- Dust
- Vacuum
- Remake beds

wednesday

entrance hall & stairs

- Tidy away anything that doesn't belong
- Dust
- Vacuum
- Mop if you have hard floors

thursday

kitchen

- Empty crumbs out of toaster
- Clean inside of the microwave
- Clean out cutlery drawer
- Quick fridge clean
- Dust blinds
- Clean windows
- Clean splash-back behind hob
- Clean hob top
- Give the sink a really good scrub
- Wipe down all working surfaces
- Wipe down cupboard fronts
- Vacuum and mop

friday
focus day

see friday
focus
printable!



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