

messy house bootcamp

the
organised
mum
method

monday

living room

- Declutter
- Clean windows/mirrors
- Wash throws and pet bedding
- Dust everything
- Clean skirting boards
- Vacuum under sofa cushions
- Vacuum under furniture
- Mop if applicable

tuesday

bedrooms

- Declutter
- Have a make-up/toy cull
- Clean windows/mirrors
- Vacuum and flip mattresses
- Dust everything
- Clean skirting boards
- Vacuum
- Change bedding

wednesday

entrance hall & stairs

- Declutter
- Clothes and shoes cull
- Clean windows/mirrors
- Dust everything
- Clean bannisters and skirting boards
- Vacuum under furniture

thursday

kitchen

- Empty crumbs out of toaster
- Clean out cutlery drawer
- Clean out fridge
- Dust blinds
- Clean windows
- Clean microwave
- Clean down tiles
- Clean oven and hob
- Clean all worktops
- Clean cupboard fronts
- Clean kickboards
- Vacuum and mop

friday

bathrooms

- Dust extractor fan
- Clean out cabinets
- Clean shower curtain/scrub shower screen
- Clean wall tiles
- Clean windows/mirrors
- Scrub the toilet/shower/bath/sink
- Clean floor (paying particular attention to the floor around the toilet)
- Wash bathmat

on the
weekend

**misc. rooms
(dining room/
study)**

