

# evening meal plan

the  
organised  
mum  
method

days

what's cooking?

m

[slow cooker veggie chilli](#)

served with rice

t

[slow cooker short ribs](#)

served with sweet potato wedges

w

[something from nothing tart](#)

served with green veg

t

[slow cooker curried cod](#)

served with cous cous

f

[sausages, mash & cranberry gravy](#)

served with peas

s

[pepperoni pizza rolls](#)

served with roasted veg

s

[slow cooker lamb](#)

served with roast potatoes and veg

